2012-2013

**Professional Growth Plan**

**Tamara Whatmore**

**Objective/Goal #1:**

*Attend and view webinars and other professional development sessions based on health, nutrition and physical activity in schools.*

**Rationale:**

*By learning more about these topics I hope to be able to bring my interests and background knowledge into the schools I will teach at in my future.*

# Resources/Supports:

* Online resources
* Farmtoschool.org – webinars and other information
* “Comprehensive School Health” document
* Healthyalberta.com

# Action Plan:

* View 5 webinars from the website farmtoschool.com: School Food 101, Farm to School and Farm-based Education, The Lunch Box: Healthy Tools to Help all Schools, Farm to School: Cooking with Children in the Classroom, and Evaluating your Farm to School Program: Best Practices and Tools.
  + Timeline: September 2012 – April 2013
  + Indicators: summary notes from webinars
* Read over the comprehensive school document and other online resources pertaining to bringing health consciousness into schools in Alberta.
  + Timeline: October 2012 – November 2012
  + Indicators: Printed documents, summary notes
* View and become more familiar with the healthyalberta website.
  + Timeline: January 2012-Febuary 2012
  + Indicators: printed documents and summary notes of findings.
* Write a written response about my views on health, nutrition and physical activity in the school.
  + Timeline: April 2013
  + Indicators: the written response

**Evidence for Portfolio:**

* Printed documents and summary notes
* A written response about my personal beliefs about health in schools

**Objective/Goal #2:**

*Take part in a variety of professional development and professional readings.*

**Rationale:**

*By involving myself in professional development I will be able to be able to expand my knowledge about differentiation, classroom management and classroom teaching and learning strategies.*

# Resources/Supports:

* Teacher Blogs
* Professional Development Sessions
* Educational Books and Readings
* Central Alberta Teachers Conference
* Webinars

# Action Plan:

* Watch 5 webinars from the Central Alberta Regional Consortium website: The repair kit for grading: 15 fixes for broken grades, Bringing Relevance to Learning Through Interdisciplinary Approaches, Using Teacher Advisory to Develop Meaningful Learning Relationship and Developing an Engaged Learning Community Through Collaborative Teaching Approaches,
  + Timeline: December 2012 – January 2013
  + Indicators: summary notes about content in webinar.
* Buy and read 4 books about teaching and learning and use the content actively in practicum placement classroom. The four books I will read are: Teaching Outside the Box, The First Days of School: How to be an Effective Teacher, The Freedom Writers Diary Teachers Guide, Differentiating by Student Learning Preferences.
  + Timeline: September 2012 – April 2013
  + Indicators: lesson plans with indications about information being used and self-reflections based on the effectiveness of the use of the information from the books. Physical attainment of the book will also be an indicator.
* Attend the Central Alberta Teachers Conference: attend sessions based on Differentiated Instruction, Classroom Management and teaching and learning strategies.
  + Timeline: February 2012
  + Indicators: a document or certificate stating my attendance to the conference and notes or a self-reflection in regards to the information being taught at the conference.

**Evidence for Portfolio:**

* Reflection pieces
* Document of attendance to Alberta Teachers Conference.
* Summaries of information taught through the Professional Development.

**Objective/Goal #3:**

*Build a database of effective resources to take to my future years of teaching.*

**Rationale:**

*Compiling several useful resources will allow me to have a variety of tools to engage my students in their learning processes and will improve my quality of teaching.*

# Resources/Supports:

* File in my personal computers documents.
* Bookmark tool on internet and symbaloo, Blackboard website on the internet.
* Other Cohort students
* Documents given by teachers, found on the internet or seen used by other teachers.
* Practicum teacher and practicum classroom.

# Action Plan:

* Go through year 1, 2 and 3`s collected documents and transfer onto a memory stick and binder.
  + Timeline: September 2012 – October 2012
  + Indicators: a memory stick and binder full of information that would be effective as a teacher.
* Create a useful teaching information bookmark to be added to through year 4 of university and a symbaloo page filled of effective teaching websites.
  + Timeline: September 2012 – April 2013
  + Indicators: an internet bookmark combined with a symbaloo page filled with about 100 or more useful teaching sites, documents or ideas.
* Create notes on what I see effective teachers and other classmates using in their classrooms and presentations that I would like to bring into my own future classroom.
  + Timeline: September 2012 – April 2012
  + Indicators: notes created by me about effective classroom practices that I have been exposed to and interested in.

**Evidence for Portfolio:**

* Screen shot of Symbaloo and computer bookmarks
* Reflection pieces of effective classroom practices.
* Documents useful for student and future teaching.

**Reflection of PGP goals:**

Time to meet with Administrators to review plan: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Day to have Administrator view goals in action: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Teacher Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Administrator Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_